

# What is Psychotherapy Matters Virtual Clinic?

1 I'm treating a patient who would benefit from a consultation with a psychiatrist, as well as therapy to help them cope and receive support.



2 But there's no psychiatrist available where they live, or the wait for an appointment is too long.

3 But I work with a care team through the Psychotherapy Matters Virtual Clinic.



6 Liane submits the request for consultation with a Psychiatrist through the PM Virtual Clinic's secure and confidential system.



5 My patient receives an appointment quickly. Liane and my patient meet to build a relationship and trust. Liane explains how the virtual clinic works.



4 I refer my patient to receive psychotherapy with Liane Wood at ReThink Me Counselling & Psychotherapy.



7 PM Virtual Clinic schedules everything within 2-4 weeks!



8 Consultation day! The psychiatrist meets virtually with Liane and my patient together. My patient enjoys compassionate, collaborative care. They receive a diagnosis and a prescription where needed.



9 With my patient's consent, the psychiatrist sends the assessment to the circle of care.



Psychotherapy Matters Virtual Clinic is the cutting edge of collaborative care. Bringing innovation and multi-disciplinary collaboration to mental health care. [psychotherapymatters.com](http://psychotherapymatters.com)

Liane Wood, *Psychotherapist* provides services at:

*She Thrives*  
Women's Wellness Centre  
161 Front Street Belleville, ON  
613-779-7277



10 There's no missed information! My patient gets the support they need! Including follow-up psychiatry consults and psychotherapy when needed.